

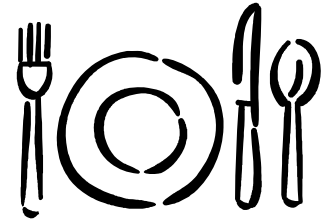
Even if you don't want to eat your veggies...



## You should still eat green!

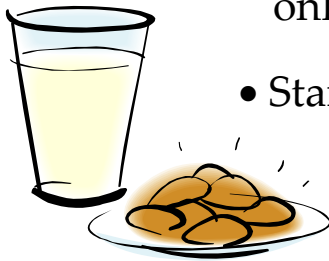
### Tips for "green" dining

- Don't use takeout. Even though UVA Dining got awesome biodegradable containers this year, they are still another bit of waste you don't need to produce.



- If you must use takeout, use your own silverware and drinks back at your room.

- Look at all of the food before you pick out what you want: only get food that you know you will eat!



- Start with smaller portions. If you want more you can go back, but if you get too much you're wasting!

And the easiest and most effective tip:

***Don't use trays!***

**\*One-third of the water used in dining halls\*  
\*is used on washing trays!\***



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